## REFUGEE & ASYLUM SEEKER MENTAL HEALTH
### G21 REGION ACTION PLAN - YEAR 1 (2017)

<table>
<thead>
<tr>
<th>PRINCIPLE/ THEME</th>
<th>ACTIVITY</th>
<th>ACTIONS/ METHODOLOGY</th>
<th>SHARED MEASUREMENT</th>
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| **CONSUMER INPUT** (Principle that will guide future directions & actions) | **Develop a framework of co-design and consumer input:** This will assist partner agencies to embed this principle as part of each actions undertaken in this project (where appropriate). | - Framework: Develop a framework of co-design and consumer input.  
  o Determine 'who' will be involved and 'how' they will be involved e.g. who do we mean by co-design? Will consumers be involved throughout our work through a Client/consumer Advisory Committee?  
  o Determine if funding needs to be sourced to support the development of the co-designed model, initial consumer input and ongoing involvement  
  o Source funding Co-design workshop: Use Collective Impact to co-design the RAS MH model that will inform all of the Themes and Actions and develop the data agenda  
  o Use Results Based Accountability to determine the shared measurements and monitor progress against the model | - Shared measurements to be developed through RBA Framework  
- Establishment of client/ consumer Advisory committee  
- Co-design workshop | Diversitat |
| **SERVICE COORDINATION** | **Coordination across Mental Health services and community sector e.g.** this will lead to improved use of funding and less duplication. Establish a RAS MH community of practice (CoP) to improve awareness amongst service providers working with RAS with MH concerns. It is in intended that a shared communication platform will improve communication between service providers and therefore lead to enhanced coordinated care. | - Develop a shared communication platform: using Basecamp software  
- Develop a survey/ key questions (through Survey Monkey, circulated through Basecamp) for members of the CoP to identify possible ways to progress service coordination  
- Prioritise and action responses from CoP regarding ways to progress service coordination  
- Promotion, awareness (through Basecamp) and feedback (through Survey Monkey, posted on Basecamp) on PHN Health Pathways to assist connections and conversations of referrals and feedback loops between practitioners. | - Establishment of community of Practice  
- Basecamp analytics: Number of unique users each month  
- Number of active/ contributing users and their professions (84 users as at May 2017)  
- Responses to survey questions through survey monkey  
- Awareness of and feedback on PHN Health Pathways | West Vic Primary Health Network |
| **SHARED UNDERSTANDINGS OF PRACTICE** | **Explore evidence-based programs operating in other regions and opportunities to adapt them to meet local needs.** | - CatholicCare Student to map programs or initiatives currently running in the G21 region and other regions.  
- Explore opportunities for these initiatives to be adapted to meet local needs. | - Completed map of programs, identifying opportunities to adapt these initiatives to meet local needs | CatholicCare |
| **BUILD SERVICE CAPACITY** | **Demystify the issue/work so it becomes everyone’s business by identifying training opportunities that demystify mental health issues for refugees and asylum seekers for practitioners and community members** | - CatholicCare Student to map existing RAS MH training opportunities available for:  
  o RAS MH CoP  
  o Mental Health practitioners  
  o Others working with RAS clients  
- Identify training gaps, and develop a shared calendar to provide training opportunities to ensure there are training opportunities available for workers and community members specifically for RAS with MH issues. | - Completed map of training  
- Shared calendar to meet training gaps  
- Coordinate training to meet shared needs of partner organisations and others in the region and measure participation | CatholicCare and G21 |
| **ADVOCACY** | **Advocacy on Mental Health issues for refugees and asylum seekers** | - Promotion of RASHMAP report.  
- Advocacy document - Develop a 1pg summary document of shared messaging and actions, from Workshop Report and interviews, that all partner agencies can use when advocating for improved quality of mental health care for refugees and asylum seekers  
- Communications Strategy – develop Communications Strategy to determine shared messaging and sourcing/ development of materials; who the audience is and what is needed.  
- Author a paper based on process and outcomes of the System Thinking Workshops held late 2016. | - Develop Communications Strategy that will be adopted by governance group  
- Website hits  
- Anecdotal feedback | G21 |
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| GOVERNANCE GROUP | Ongoing Role: Decision Making | • Develop a shared understanding of the scope, vision and steps needed to deliver on the themes/actions  
• Agree to Terms of Reference  
• Oversee and implement 1 year action plan - Individual agencies to lead and deliver actions outlined above  
• Apply for funding submissions as required | • Partners individual work is increasingly aligned with common agenda  
• Partners are able to articulate their roles in the initiatives (through action plan)  
• Partners communicate and coordinate efforts regularly (Basecamp and monthly meetings)  
• Partners report increasing levels of trust with one another (VicHealth Partnership survey completed annually)  
• Partners increase scope/type of collaborative work (collaboration through grants) | All |
| Members:  
• Diversitat  
• Barwon Health  
• Western Vic PHN  
• Barwon Child, Youth & Family  
• CatholicCare | | | | |
| BACKBONE SUPPORT | Ongoing Role | • Centralised clear communications  
• Organise meetings, agendas and minutes for governance group meetings  
• Keep organisations on track for the actions they are leading  
• Consolidate actions and provide collective update on an annual basis  
• Terms of Reference  
• 1 Year Action Plan  
• Mobilise/convene initial Working group and Community of Practice meetings  
• Maintain a database of funding opportunities share with governance group members  
• Create and manage online platform through HWB website and support Basecamp | • Partners accurately describe the common agenda (ToR & Action Plan signed off)  
• Relevant stakeholders are engaged in the initiative (lead agencies identified)  
• Establish shared measurement practices and utilize this information to make effective and informed decision  
• Funding from public and private sources are identified. Support is being provided for partners to utilise funding | G21 |